

The Word of GOD is LIGHT

PSALM 119:105

Your word is a lamp to guide my feet and a light for my path.

SCIENCE/RESEARCH:

Neuroplasticity is the term used to describe the ability of the brain to form new neural connections throughout life or the “re-wiring” of the brain. This means that what we pay attention to has the power to change our brains and minds, and that change allows us to change the way we experience ourselves, our relationships, and our behavior.

“Where the focus goes, the energy flows” – Pain Management Group

“Science does not oppose God; Science is because of God. Science helps us to understand the complexities of God and the perplexities of man.” – Dr. Morais Lee Cassell, Behavioral Health Specialist/Therapist.

BIBLE BRAIN MAPPING – A scientific* and holistic way of memorizing the scriptures.

ENGAGES:



EYES



BRAIN



MOUTH



EARS



HANDS

*A Biological-Psychological-Spiritual Approach

ITEMS NEEDED:

1. Pen or Pencil
2. Index Cards

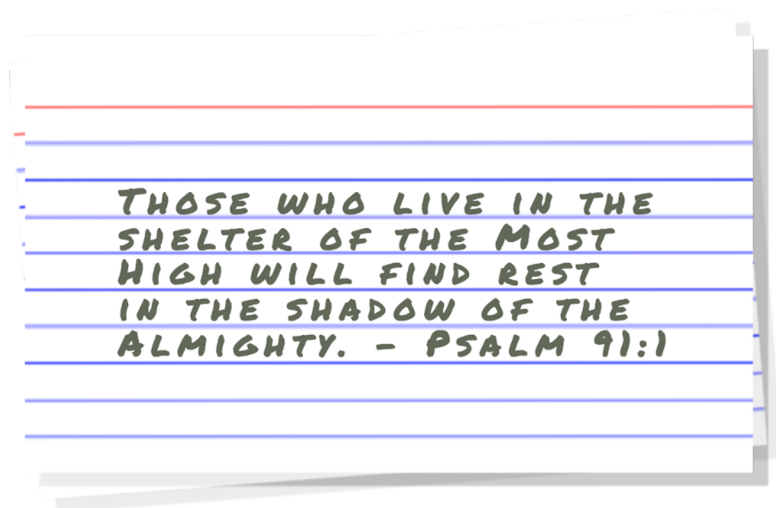
STEP-BY-STEP:

1	Write out your chosen scripture(s) on the front of the index card.
2	Read the scriptures three times.
3	Brain cue - Write the first letter of each word of the scripture on the back of the index card.
4	Repeat the scriptures (With brain cue index card)
5	Repeat the scriptures (Without index card)

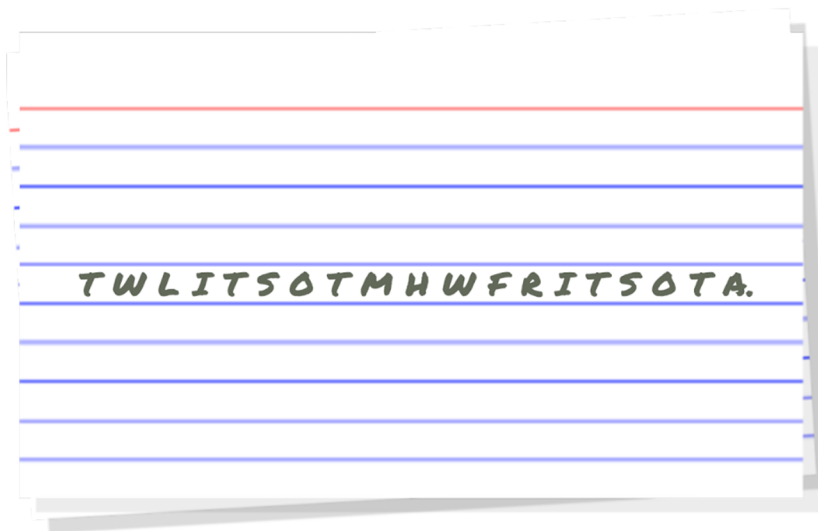
EXAMPLE:

- 1 Those who live in the shelter of the Most High will find rest in the shadow of the Almighty. – Psalm 91:1 (Write once on the front of the index card)
- 2 Those who live in the shelter of the Most High will find rest in the shadow of the Almighty– Psalm 91:1. (Read 3 times)
- 3 Brain cue - T W L I T S O T M H W F R I T S O T A. (Write once on the back of the index card)
- 4 Repeat the scriptures (With brain cue index card: T W L I T S O T M H W F R I T S O T A.)
- 5 Repeat the scriptures (Without index card)

FRONT of index card



BACK of index card



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